

Life 3rd Act ReLaunch Coaching Deep Dive

Life ReLaunch Act 3

Have you emptied the nest and launched your children into college or life to begin their adulting journey? Or maybe you have completed another passage in your life and have reached the end of your 4th, 5th or 6th decade of life and wondering what is next in your adventure of life?

What if I told you that if you found this page, you likely are ready for Life Launch Act 3! What can you imagine creating and launching in the third act of your life? How would it feel to to be held, witnessed, and supported by women like you who will be walking through the gateways through passionate purpose, creativity into your sovereignty and liberation?



[GET STARTED – CONTACT ME ABOUT 3RD ACT COACHING](#)

For Bold & Brilliant Souls (like you!)

Imagine yourself unleashing an exhilarating flow of vitality and passion in your life in the third act of your life, fully supported and held as you journey through my life-changing 8-week training, **Life Launch Act3 for Bold & Brilliant Souls (like you)!**

Whatever is happening in your life in these shifting times, isn't it time to:

- Bless your Brilliance and give yourself more life, love happiness and joy?
- Inspire your mind, which in turn creates new neural pathways in your brain?
- Learn specific, state-of-the-art holistic tools and knowledge that you can use now and for a lifetime?
- Create a fresh new and revitalized look at life?
- Live the best expression of yourself?
- Overcome stress to reach your full potential?
- Accelerate your soul's journey?
- Receive full-on support to take inspired action to realize your dreams and goals?

LET'S TALK

"We need not walk alone...

We reach out to each other with love and understanding and with hope...

We come together from all walks of life, from many different circumstances...

We need not walk alone"

Credo, The Compassionate Friends



3rd ACT is for you if...

If you are ready to up-shift and re-launch your life, start making leaps and bounds to move you forward into the new phase of Your Life/Act3, experience this with me and a small group of fun, authentic women a lot like you, who will honor and support you as you pull in your soul's purpose, open your heart and shift you into your intuitive heart sphere.

- Embrace your authentic essence as an emerging Sage and a Wisdom Holder.
- Shift beyond disappointments in the past, slip into your HeartSphere, and retrieve your Soul's knowing, unfulfilled desires and your purpose for being here.
- Rediscover your ultimate purpose, unleash your spirit and realize your deep truth through intentional love in action.

[CONTACT ME TO GET STARTED](#)

It's Time to Light Up

What worked for you in your 20s, 30s, and 40s – in your various roles – may not be fulfilling you in your 50s, 60s, and beyond. Maybe you have been feeling the seductive nudge of your Spirit saying “there is more,” yet you sense a feeling of being held back in some way,

At a certain age, many of us find ourselves struggling between the fire we feel inside... and our culture's perception that we've passed our peak. We're given the message that what lies ahead for us is often loss – loss of being needed by children and career; loss of partnership; loss of health; loss of physical abilities, loss of youth.

But that fire burning inside of you is strong and HOT, and it stirs the truth of knowing how much more there is for you to do, to achieve, to be without limits.

I want you to know that if there ever is a phase of your life to live in the way that serves you and the planet, the phase is NOW. I know this because I have been where you are. I have guided, coached and mentored women and groups for 25 years, through my 30s, 40s and 50s. I am navigating my 59th year and flying toward the start of my 6th decade. I intend to do it BOLDLY, BRAVELY AND WITHOUT LIMITS.

Let's join hands and journey this rite of passage into the sacred sovereignty of aging as a WISE SAGE, where you're witnessed by other women and you empower each other in your liberation, sovereignty, freedom and limitlessness!

[LET'S GET STARTED](#)

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activation.**

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never miss out.