

# 1:1 Deep Dives (for individuals, groups and professionals)

## One-on-One Deep Dive Coaching

Nina offers profound energetic clearings, tools, coaching and strategy to help you consciously recreate and possibly relaunch your business and life in a manner that is in RIGHT RELATIONSHIP with you, inside and out.

### Why here? Why now?

If you are done with struggle and are looking for coaching, this deep dive is for you!

With my **Deep Dive Coaching Packages**, we work together for 3 to 12 months, (3 month minimum to start) and you have me in your corner to:

- Clear you
- Empower your inner healer and reconnect you with your highest knowing and truth
- Coach you
- Advise you using pragmatic and energetic tools
- Assist you with heart-mind mapping, blueprinting, naming and finding your voice for your mission, purpose and/or business

“During our Being Human Immersion, the teachings masterfully wove science and intuition, research and our experiences, discussion in the large and small groups and individual reflection time magically!”

-Past Immersion Participant

# **Abundance follows... desire, inspiration, focused energy and Joy!**

Not the other way around.

Pleasure, receiving and choosing for YOU Being in (loving) service are key concepts in the work we do together. A constant feeling of struggle and burnout will become a thing of the past when you learn to set up a life and business that works for you.

## **DEEP DIVE PACKAGES**

### **EVOLVE: Three R's 12-Week Coaching Immersion**

**Free Yourself with Transformational Evolutionary Coaching**

**ReImagine and Become Your Self and Desired Life with Transformational Coaching**

- Evolve on all levels of being, doing, loving and living
- Release self sabotage, complete your final DNA clearing and reset
- Know and claim yourself as you naturally are
- Rediscover and own your true full nature
- Relax in your potential and ignite your inner leader
- Free yourself of your old story
- Re-Imagine and become your new story
- Align your intentions, commitment and actions while consciously creating your personal ethos and manifesto that becomes your guiding template for your life
- Align with the natural Universal Laws and discover ease, peace and flow in life

### **Reach Out Now for a Consult**

- Weekly 1:1 coaching/hypnosis sessions

- Weekly 30 minute On-Track follow up calls
- Two customized hypnosis tracks and three guided Meditations and Activations to positively repattern (and heal) your subconscious mind
- Weekly accountability and goal setting to support your success
- Transformational homework that boosts your learning, confidence and intuition
- Proven techniques to amplify your super powers

[REACH OUT NOW](#)

## **RECALIBRATE AND ELEVATE YOUR VIBE; Raise and Maintain Your Frequency 9-Week Deep Dive**

- Three monthly, 60-minute coaching sessions
- Once-a-month, 60-minute Distance Reiki and/or access bars, energy clearing and ENERGETIC RESET sessions
- Once-a-month, intuitive tarot reading with energetic attunement (included with one of the coaching sessions)
- Customized personal awakened practice development (guided and audio meditation and energetic cleansing and heart activation)
- Unlimited access to Nina via text and email
- Other custom features include OM, tarot, numerology, energetic clearing/reset and more
- 3-month minimum commitment

[Schedule an Interest Chat](#)

## **RELAUNCH: Life, Purpose & Business DEEP DIVE**

- Everything from life & business deep dives
- Two weekly, 60-minute coaching sessions (one each for life and for business)
- Once-a-month, 60-minute access bars or energy clearing and ENERGETIC RESET sessions
- Once-a-month, intuitive tarot reading with energetic attunement and activations
- Customized personal awakened practice development (guided and audio meditation, energetic cleansing and heart activation)
- Unlimited emails
- Unlimited access to Nina
- Other custom features include OM, tarot, astrology, access clearings and more
- Package can be adjusted to include a custom website and technical trainings
- 3-month minimum commitment with discount for renewal if there is more to be done

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## **WORK For Your Business**

## **AWAKENED BUSINESS & LEADERSHIP DEEP DIVE**

- Once-a-week, 90-minute Your New Era Business Launch or Relaunch strategy sessions
- Learn your biz leadership strengths, gifts and talents
- Twice-a-month, 60-minute Distance Reiki and/or access Bars, energy clearing and ENERGETIC RESET sessions
- Once-a-month, intuitive tarot reading with energetic

attunement and activations

- Customized personal awakened practice development (guided and audio meditation, energetic cleansing and heart activation)
- Unlimited emails
- Other custom features (options include Shamanic Journey, Guided Vision Quest, Intuitive Readings, Access Clearings, personal weekend non residential retreat)
- 3-month minimum commitment

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## **Not Quite Ready for a Deep Dive?**

In addition to Deep Dive Coaching Packages, I offer individual sessions for short-term problem solving and clearing of energy blocks.

[Learn About Individual Sessions](#)

## **Helped me breakthrough...**

“Nina is like the bend in the stream that guides the flow where it needs to go, helped me breakthrough, enjoy higher sense of freedom, move forward the upward spiral, and helped me be more illuminated, more enlightened, and free.”

Evona Duggan Harow  
Australia

## **Nina is the real deal...**

“Nina is kind, incredibly intuitive and skillful. She is an accomplished integrative coach and always open to whatever ‘shows up,’ no preconceived ideas, no judgment – not everybody has that. I felt more purposeful, self-directed and discovered

what truly lights me up. Nina is an exceptional transformative coach with an amazing skillset across every spectrum of life. Nina is the real deal. The result: I was more connected with myself. Awake. Alive.”

Brigitta Wilhelm  
Conscious Career Coach, Germany